

Nineteenth Sunday of Ordinary Time
August 7-8, 2021

Entrance Hymn: Enter the Journey BB 634)

Refrain

Enter the journey, Come to the song, By god you are chosen, by name you are called
To follow the vision, carry the cross, Enter the journey of faith as the family of God.

Enter the journey, the way may be long. Enter the journey, yet we are made strong.
God's spirit will guide us, God's gifts will unfold. Enter the journey of hope! **Refrain**

Enter the journey, though lost and unsure. Enter the journey, God's peace will be yours.
And all who are thirsting be filled with God's grace. Enter the journey of faith! **Refrain**

Enter the journey, though dark is the way. Enter the journey, do not be afraid,
For God's great compassion will give you new sight. Enter the journey of light! **Refrain**

Enter the journey, the old and the young. Enter the journey, the kingdom is won.
By faith now united, as servants we come. Enter the journey of love! **Refrain**

Greeting

In the name of the Creator, the Redeemer, and the Holy Spirit.
Amen

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

God have Mercy

You come to heal the contrite. God, have mercy. **God, have mercy.**
You come to call sinners. Christ, have mercy. **Christ, have mercy.**
You plead for us at the right hand of the Father. God, have mercy. **God, have mercy.**

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Amen

Gloria

Glory to God in the highest, and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
We give you thanks for your great glory.
Lord God, heavenly One, O God, almighty Father.

Lord, Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father.
You take away the sin of the world, have mercy on us.
You take away the sin of the world, receive our prayer,
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord,
You alone are the Most High, Jesus Christ,
With the Holy Spirit, in the glory of God the Father. Amen. Amen

Collect

Let us pray:

Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

The Liturgy of the Word

First Reading 1 Kings 19:4-8

A reading from the first Book of Kings

Elijah went a day's journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death saying:

“This is enough, O God!
Take my life, for I am no better than my ancestors.”

He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked, and there at his head was a hearth cake and a jug of water.

After he ate and drank, he lay down again, but the angel of the Most High God came back a second time, touched him, and ordered,

“Get up and eat, else the journey will be too long for you!”

He got up, ate, and drank; then strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

The Word of God
Thanks be to God

Responsorial Psalm

Taste and see the goodness of the Lord, the goodness of the Lord.
Taste and see the goodness of the Lord, the goodness of the Lord.

I will bless the Lord at all times; God's praise ever in my mouth.
Glory in the Lord for ever, and the lowly will hear and be glad.

Taste and see the goodness of the Lord, the goodness of the Lord.

Glory in the Lord with me, let us together extol God's name.
I sought the Lord, who answered me and delivered me from all my fears.

Taste and see the goodness of the Lord, the goodness of the Lord.

Look to God that you might be radiant with joy, and your faces free from all shame.
The Lord hears the suffering souls, and saves them from all distress.

Taste and see the goodness of the Lord, the goodness of the Lord.

Second Reading Ephesians 4:30-52

A reading from the letter of Paul to the Ephesians

Sisters and brothers:

Do not grieve the Holy Spirit of God,
with which you were sealed for the day of redemption.

All bitterness, fury, anger, shouting, and reviling
must be removed from you, along with all malice.

And be kind to one another, compassionate,
forgiving one another as God has forgiven you in Christ.

So be imitators of God, as beloved children, and live in love,
as Christ loved us and handed himself over for us
as a sacrificial offering to God for a fragrant aroma.

The Word of our God.
Thanks be to God.

Alleluia (BB 874)

Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia
Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia

Bread of life is strength for the journey,
For the sake of the world, be voices that challenge.

Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia

Gospel John 6:41-51

The Lord be with you.

And with your Spirit.

A reading from the holy Gospel according to John

Glory to you, O Lord.

The Jews murmured about Jesus because he said, "I am the bread that came down from heaven,"

They said, "Is this not Jesus, the son of Joseph and Mary? Do we not know his father and mother? Then how can he say, 'I have come down from heaven'?"

Jesus answered and said to them, "Stop murmuring among yourselves.

No one can come to me unless the One who sent me draw you, and I will raise you on the last day. It is written in the prophets: *They shall all be taught by God.* Everyone who listens to God and learns from God comes to me. Not that anyone has seen the God except the one who is from God; this one has seen God.

Amen, amen, I say to you, whoever believes has eternal life.

I am the bread of life. Your ancestors ate the manna in the desert, but they died;
this is the bread that comes down from heaven so that one may eat it and not die.

I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Good News of Salvation

Praise to you, Lord Jesus Christ.

Homily *(take a moment to reflect on the readings - what word or phrase stood out to you?)*

Universal Intercessions

Universal Intercessions

Response: God, our Strength, hear our prayer.

(God, our Strength, hear our prayer.)

For the Church: that we may listen for God in the scriptures, in the events of life and in our relationships so that we may experience fullness of life, we pray...

For all community leaders: that the Holy Spirit will guide them in promoting justice and understanding so that poverty and discrimination may be reduced, we pray...

For students as they return to school: that God will guide them as they grown in knowledge, skills and friendships, we pray...

For the poor, homeless and those seeking asylum: that they may find food, shelter and acceptance, and that our hearts will be open to their truth and dignity, we pray...

For peace in the world and for an end to all violent conflicts, particularly in the Middle East and Africa: that God will open new pathways for peace and guide all leaders in establishing justice and safety, we pray...

For whom else shall we pray...

The Liturgy of the Eucharist

Preparation of the Gifts Where Charity and Love Prevail (BB481)

Where charity and love prevail, there God is ever found.
Brought here together by Christ's love, By love are we thus bound.

With grateful join and holy fear God's charity we learn,
Let us with heart and mind and soul Now love God in return.

Forgive we now each other's faults As we our faults confess,
And let us love each other well In Christian holiness.

Let strife among us be unknown, Let all contention cease.
Be God's the glory that we seek, Be ours God's holy peace.

Let us recall that in our midst Dwells God's begotten Son.
As members of his body joined, We are in Christ made one.

No race nor creed can love exclude, If honored be God's name.
Our family embraces all Whose Parent is the same.

Offertory Prayers

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

Blessed be God forever.

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

Blessed be God forever.

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation. Through Christ our Lord. **Amen**

The Eucharistic Prayer (if you are watching the video or listening to the audio, please follow along and participate with Fr. Jack; and continue with the Communion Reflection Song below. If you are using this at home with your family, continue with the Spiritual Eucharist below)

Service Music: Mass of Renewal (BB 876-881)

Spiritual Communion

*Invite the Family to **stand** for the Our Father. Although without a Priest, we cannot offer the Mystery of Jesus' Sacrifice on the Cross, we can join with the Church throughout the world in offering a Spiritual Communion until such time as we can again participate in the great Sacrifice of the Mass.*

Our Father

Leader: At the Savior's command and formed by divine teaching, we dare to say:

Family: Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil.

Leader: Deliver us Lord we pray from every evil, and grant us peace in our days that by the help of your mercy we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

Family: For the kingdom, the power and the glory are yours, now and forever.

Leader: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign forever and ever.

Family: Amen.

Leader: May the peace of the Lord be with us always.

Invite the family to kneel if practical. The following formula of prayers can be prayed together as a family, inviting Jesus spiritually into our hearts.

Leader: Together with the whole Church throughout the world, let us profess an Act of Faith in Jesus' real presence in the Eucharist.

All: O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit.

I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived.

In this faith I intend to live and die.

Amen.

Leader: Through His sacrifice on the cross, Jesus made the ultimate act of love by offering himself as expiation for our sins. Let us now make our own act of love as we pray:

All: O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.

Leader: With a humble and contrite heart, we ask the Lord to come to us just as He would if we were able to receive the sacrament.

All: My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you in my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Communion Song: The Supper of the Lord (BB 348)

Refrain

Precious body, precious blood, seen as bread and wine, Here the Lord prepares the feast divine. Bread of love is broken now, cup of life is poured. Come share the supper of the Lord.

This is the bread of God coming down from heaven, giving life to us, to all the world. **Refrain**

“I am the living spring of eternal life, you that drink from me shall not thirst again.” **Refrain**

“I am the bread of heaven giving life to you, you that eat this bread shall never die.” **Refrain**

“All those who feed on me have their life in me, as I have my life in the living God.” **Refrain**

All praise to you, O Christ, present in this feast, in this bread, we share in one life, one Lord.

Refrain

Communion Meditation Be the Hands, the Heart of God (H/O)

Refrain

Be the hands the heart of God
Go into the world and share God's Spirit
Spread the message be the song
Save a little bit then pass it on

Sons and daughters peace before you
Sisters brothers peace behind you
Peace around you one and all
Save a little bit then pass it on

Refrain

Sons and daughters love before you
Sisters brothers love behind you
Love around you one and all
Save a little bit then pass it on

Refrain

Sons and daughters light before you
Sisters brothers light behind you
Light surrounds you one and all
Save a little bit then pass it on

Refrain

Sons and daughters Christ before you
Sisters brothers Christ behind you
Christ surrounds you one and all
Save a little bit then pass it on

Refrain

Prayer after Communion:

Let us pray:

May the communion in Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord.

Amen

Concluding Rite

Final Blessing

And may the blessing of almighty God, the Creator, and the Redeemer, and the Holy Spirit come down on you and remain with you forever.

Amen

Go in peace. **Thanks be to God.**

Song of Sending: Lead Me Lord ... BB728

Blessed are the poor in spirit, longing for their Lord,
For God's coming kingdom shall be theirs.
Blessed are the sorrowing, for they shall be consoled,
And the meek shall come to rule the world.

Refrain

Lead me, Lord, lead me, Lord, by the light of truth, to seek and to find the narrow way.
Be my way, be my truth; be my life, my Lord, and lead me, Lord, today.

Blessed are the merciful, for mercy shall be theirs,
And the pure in heart shall see their God.
Blest are they whose hunger only holiness can fill,
For I say they shall be satisfied. **Refrain**

Blest are they who through their lifetimes sow the seeds of peace
All will call them children of the Lord.
Blest are you, though persecuted in your holy life,
for in heaven, great is your reward. **Refrain**