

Pastoral Reflection
Sixteenth Sunday of Ordinary Time
July 17, 2022

Are you a Mary or a Martha? How many times have we been asked this question around today's Gospel about Mary sitting and listening to Jesus while Martha does all the work? Does it need to be a choice?

In the first reading, "the Lord appeared to Abraham" as he saw the three men and invited them to rest while he personally served them. The second reading has Paul advising the gentiles of Colossae that the glory of God's mystery is that Christ is in each of us. Jesus admonishes Martha, not because she is working and not sitting, but because she is "anxious and worried about many things when there is need of only one thing."

Perhaps the lesson is not whether to "do" or to "be", but rather about our attitude in each of them. This morning, I attended a group meditation given by Mary Middendorf around mindfulness. It was only a half-hour long, but the majority of the time was in sitting still and releasing our thoughts – lightening our mental burdens. Sr. Chabanel and Loren Gaillardetz lead a meditation group that meets twice monthly and spends their time in silence, releasing thoughts and just being with God. Many in our community take time each day to be still with God, or to reflect on God's Word while sitting in stillness. The gift of this stillness is in the realization that Christ is in each of us. As we go about our days and the work we need to do, we need to be aware of Christ within us and of seeing Christ in those we encounter throughout our day.

As Sr. Chabanel told us last week, it is how we leave one another, blessed or feeling bad, that makes all the difference. Perhaps Jesus was telling us, through Martha, that the "one thing" is to recognize, no matter what we are doing, that Christ is in us. Anxiety and worry will get us nowhere, and will just upset everyone around us. If we want to live in peace and bring peace to others, we need to be mindful of Christ within us, and leave others with less anxiety and more peace. Only then will our world find the peace it so desperately needs.

Peace be with you!

Diane Gozdzialski



St. Cronan Catholic Church
Fifteenth Sunday, Ordinary Time
July 16-17, 2022

Mass Information

SUNDAY – 8 a.m. and 10 a.m.
SATURDAY VIGIL – 5:00 p.m.
Wednesdays – 8:00 a.m.
Masks are suggested for all Masses

The Mass for Sunday, July 3 was recorded and placed on our website:
<https://www.stcronan.org/>

Live-streaming continues at the 10:00 am Mass. PLEASE BE ON TIME! Live-streamed masses are available on our Facebook page any time after the 10:00 Mass,
<https://www.facebook.com/StCronan>



The second installment of shared All Things New data that was promised at the Masses this past Sunday can be accessed on this link

https://drive.google.com/file/d/16aSlmgO2yHYY_1PI6LQd37D8ukb2rGZy/view?usp=sharing

We will send installments weekly for the next few weeks so that you have the same information the Leadership Team has and can study it at your leisure.

For further information on the survey results, please visit the website:

<https://www.archstl.org/editorial-disciple-maker-index-survey-results-show-clearer-picture-of-strengths-opportunities-for-growth-in-archdiocese-7686>
<https://allthingsnew.archstl.org/DMI-Results>

Seeds of Justice Network: Interested in social justice activities in our area? Visit www.seedsofjusticenetwork.org or use the QR code on the flyer in the Chapel to sign up for the Seeds of Justice Network newsletter! The weekly email features a justice-focused article of the week, a listing of local events, and a few national events & trainings.

Children's Faith Formation: If you have school-age children, K-12 and are looking for a religious education program, please consider St. Cronan. Classes meet once per month, with family activities in the interim. It guides the entire family in growth of their faith and love of God and each other. Registration forms are on the table in the chapel, or contact Diane diane@stcronan.org.

Vacation Bible School: St. Vincent DePaul Parish is hosting a Vacation Bible School for ALL South City parishes and YOU are invited to participate! When & Where: August 1-5 from 9am - noon at St. Frances Cabrini Academy Who: ANY child from PK3-5th grade is welcome to attend. Cost is \$25/child, but FREE if a parent, grandparent, or sibling volunteers! We need volunteers of all ages to help make this happen! Whether you're getting ready for 6th grade, enjoying your retirement, or anywhere in-between - we would LOVE to have you! Learn more about VBS, available volunteer opportunities, and register to attend or volunteer at: <https://www.stvstl.org/vbs22> We hope to see you there! Please contact Jess Adams, St. Vincent's Coordinator of Family Faith Formation, with questions! jess.adams@stvstl.org

St. Angela Merici Parish in Florissant is celebrating 60 years as a parish on July 18 with 6:00 Mass, followed by dinner. For further information, please see the flyer in the chapel.

Marianist Retreat Center Summer Schedule: This summer, the Marianist Retreat and Conference Center, located in Eureka, MO, is offering three unique retreat opportunities, and you are cordially invited! These and all summer events can be found at: <https://marianistretreat.com/blog/summertime-events-2022/>

City Greens Market would like to partner with the St. Cronan Community in providing fresh, quality food to our neighbors. The Grove's neighborhood nonprofit grocery store, the market is located just up the street at 4260 Manchester. Our mission is to provide access to fresh, quality and affordable food to our neighbors; to promote healthy living in the community; to provide a safe and welcoming space for neighbors to interact; and to support local farmers as part of our extended community. We offer fresh fruits and vegetables, bulk grains and flours, staple goods like beans and pastas and soups, frozen foods, and a variety of quality and humanely raised meats, eggs, and dairy products. While anyone is welcome to shop with us, our members get a 30% discount on all food. And anyone - member or not - who purchases food with their EBT card at City Greens Market can take advantage of the Double Up Food Bucks program to increase their purchasing power - if they purchase at least \$25 of produce, they can get up to \$25 of produce for free. Fresh food, healthy choices, and a united and empowered community. That's our commitment. Please come check us out! www.stlcitygreens.org



Missionary Sunday: Last Sunday, Fr. Anthony Bautista of the Religious Institute of the Alagad ni Maria (Disciples of Mary) shared his missionary experience. His mission apostolate is to the young people in the Philippines who are confronted with serious challenges of addiction, materialism, violence and abuse. Catholics have traditionally extended their love and generosity to the missions of the world through the Propagation of Faith Appeal, which we responded to last week. If you were unable to give last week, you are welcome to do so this week. Please make checks payable to St. Cronan and write "mission" in the memo line. Please be generous.

Katy Trail Marian Pilgrimage will take place October 10-14. For information visit their website at: www.katytrailpilgrimage.com

Apostolic Letter: Pope Francis has written an Apostolic Letter entitled Desiderio Desideravi, on the liturgical formation of the People of God. To read the letter, visit this website: https://www.vatican.va/content/francesco/en/apost_letters/documents/20220629-lettera-ap-desiderio-desideravi.html

Day-Long Women's Retreat: The Women's Retreat has been postponed to a later date due to the hot weather. We will keep you informed of the new date when it is selected.

Black Lives Matter Vigil, takes place the third Friday of the Month at the corner of Manchester and Kingshighway, 5:00 – 6:00 p.m. The next vigil will take place on Friday, July 15. Please join us!

COFFEE AND DONUTS IS BACK. Please join us for Fellowship and community in the COFFEE AND DONUT ROOM after the 10:00 Mass on Sundays. Many thanks to Maggie Hart-Mahon and Dorothy Strathman-Lucy for organizing. We need people to host the 4th and 5th weekends. - If you are interested in taking one weekend a month to host, or even the fifth weekend when it occurs, please contact Maggie: ofccomp17@gmail.com

Prayers Please: Laurel Hayes; Laurel Hayes' parents Jerry and Nancy; Robert Nathe's Mother, Eileen; Colleen Wallace's godson, Lachlan Andrew Virrough's Father; Sharon Orlet's sister, Betty; Kathy Bayless; Tom Kuciejczyk-Kernan's brother, Steve; Barry Buchek's wife, Mary; Trish Curtis' mother and brother; Marie and Roland Martir's granddaughter, Madi, and great-grandson; David Gaillardetz' father, Richard; Fr. Gerry's classmate, Fr. Pat O'Laughlin; Nick and Shirley Ambrose's daughter, Brigid Costello; Shelly Kurtz; Varrietta Anthony; Teresa Sullivan's friend, Caroline Bucci; Kathy Stock's niece, Jill; Fr. Jack's brother, Mike; Natalie Johnson and the Johnson family; Diane Calcaterra; Nancy Buck; Nancy Buck's daughter, Nancy Hall, Sr. Lynne's friend, Jan Berberich, SSND; Blanca; Barb Sopp's friend, Joe Sinibaldi; Tim Herzel; Bob Barnicle; Paul Schmitt.