

**The Seventh Sunday OT**  
**February 20, 2022**

***Entrance Hymn: Lift Up Your Hearts (BB 563 )***

**Refrain**

Lift up your hearts to the Lord, praise God's gracious mercy.  
Sing out your joy to the Lord, whose love is enduring.

Shout with joy to the Lord, all the earth! Praise the name above all names!  
Say to God, "How wondrous your works, how glorious your name!" **Refrain**

Let the earth worship, singing your praise. Praise the glory of your name!  
Come and see the deeds of the Lord; bless God's holy name! **Refrain**

God's right hand made a path through the night, split the waters of the sea.  
All creation, lift up your voice: "Our God set us free!" **Refrain**

Listen now all you servants of God, as I tell of these great works.  
Blessed be the Lord of my life, whose love shall endure! **Refrain**

**Greeting**

In the name of the Creator, the Redeemer, and the Holy Spirit.  
**Amen**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

**And with your spirit.**

Let us come to God, mindful of our sins:

***God have Mercy***

You come to heal the contrite. God, have mercy. **God, have mercy.**  
You come to call sinners. Christ, have mercy. **Christ, have mercy.**  
You plead for us at the right hand of the Father. God, have mercy. **God, have mercy.**

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Amen**

## *Gloria (Mass of Creation)*

### **Refrain**

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you,  
We give you thanks for your great glory.

Lord God, heavenly One, O God, almighty Father. **Refrain**

Lord, Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father.

You take away the sin of the world, have mercy on us.

You take away the sin of the world, receive our prayer,

you are seated at the right hand of the Father, have mercy on us. **Refrain**

For you alone are the Holy One, you alone are the Lord,

You alone are the Most High, Jesus Christ,

With the Holy Spirit, in the glory of God the Father. Amen. Amen **Refrain**

### *Collect*

Let us pray:

Grant, we pray, almighty God, that, always pondering spiritual things, we may carry out in both word and deed that which is pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

## **The Liturgy of the Word**

### *First Reading*

1 Samuel 26:2, 7-9, 12-13, 22-23

A reading from the first Book of Samuel

In those days, Saul went down to the desert of Ziph with three thousand picked men of Israel, to search for David in the desert of Ziph. So David and Abishai went among Saul's soldiers by night and found Saul lying asleep within the barricade, with his spear thrust into the ground at his head and Abner and his men sleeping around him.

Abishai whispered to David:

“God has delivered your enemy into your grasp this day. Let me nail him to the ground with one thrust of the spear; I will not need a second thrust!”

But David said to Abishai,

“Do not harm him, for who can lay hands on God's anointed and remain unpunished?”

So David took the spear and the water jug from their place at Saul's head, and they got away

without anyone's seeing or knowing or awakening. All remained asleep, because the Most High God had put them into a deep slumber.

Going across to an opposite slope, David stood on a remote hilltop at a great distance from Abner, son of Ner, and the troops.

He said:

"Here is the king's spear. Let an attendant come over to get it. God will reward each man for his justice and faithfulness. Today, though God delivered you into my grasp, I would not harm God's anointed."

The Word of our God  
**Thanks be to God.**

### ***Responsorial Psalm***

#### **Refrain**

The Lord is kind and merciful, the Lord is kind and merciful.  
**The Lord is kind and merciful, the Lord is kind and merciful.**

Bless the Lord, O my soul, and all my being bless God's name;  
Bless the Lord, and forget not God's benefits. **Refrain**

God pardons all your iniquities, and comforts your sorrows,  
Redeems your life from destruction and crowns you with kindness. **Refrain**

Merciful, merciful, and gracious is our God;  
slow to anger, abounding in kindness. **Refrain**

### ***Second Reading*** 1 Corinthians 15:45-49

A reading from the First Letter of Paul to the community at Corinth

Sisters and brothers:

It is written, *The first human, Adam, became a living being,*  
the last Adam a life-giving spirit.

But the spiritual was not first;  
rather the natural and then the spiritual.

The first human was from the earth, earthly;  
the second, from heaven.

As was the earthly one, so also are the earthly,  
and as is the heavenly one, so also are the heavenly.

Just as we have borne the image of the earthly one,  
we shall also bear the image of the heavenly one.

The Word of our God.  
**Thanks be to God.**

***Alleluia***

Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia (repeat)

Love one another, as I have loved you

**Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia**

***Gospel* Luke 6:27-38**

The Lord be with you.

**And with your Spirit.**

A reading from the holy Gospel according to Luke

**Glory to you, O Lord.**

Jesus said to his disciples:

“To you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak, do not withhold even your tunic.

Give to everyone who asks of you, and from the one who takes what is yours do not demand it back.

Do to others as you would have them do to you. For if you love those who love you, what credit is that to you? Even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? Even sinners do the same.

If you lend money to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, and get back the same amount.

But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High, for God is kind to the ungrateful and the wicked.

Be merciful, just as your God is merciful.

“Stop judging and you will not be judged. Stop condemning and you will not be condemned.

Forgive and you will be forgiven. Give, and gifts will be given to you;  
a good measure, packed together, shaken down, and overflowing, will be poured into your lap.  
For the measure with which you measure will in return be measured out to you.”

The Good News of salvation.

**Praise to you, Lord Jesus Christ.**

*Homily (take a moment to reflect on the readings - what word or phrase stood out to you?)*

### ***Universal Intercessions***

Response: God of mercy, hear our prayer.  
(God of mercy, hear our prayer.)

For the Church: that we may be instruments of God’s mercy and kindness by sharing what we have received with others who are hurting, let us pray...

For all bishops and religious leaders: that God will give them wisdom and courage to address the issues of complacency in the church, let us pray...

For a healing of racial and ethnic hatreds: that all people may see the value and dignity of each person, let us pray...

For all who have been our enemies, whether politically, economically, or personally: that we may let go of hurts and grudges and seek a new understanding of them, let us pray...

For whom else do we want to pray...

## **The Liturgy of the Eucharist**

### ***Preparation of the Gifts In This Place (BB 308)***

We are all hungry people, we need shelter and strength.  
We are one in our hurting, we are one in our pain.  
In our suffering and sadness, we are saved by the grace  
of the power and the Spirit that is here in this place.

### **Refrain**

We are gathered at table as one in the Lord.  
We are gathered as people who are living the Word.

Our hearts and our spirits are nurtured by grace.  
It is Jesus who fills us. He is here in this place.

All our lives are a Mystery; we see not where they lead.  
We are asked now to trust you and we know we must believe.  
As our feet become Christ's feet, we go forth with the grace  
of the power and the Spirit that is here in this place. **Refrain**

Though the world may tell us to look at ourselves,  
we reach out to another where suffering dwells.  
As our hands become Christ's hands, we are healed by the grace  
of the power and the Spirit that is here in this place. **Refrain**

In the bread that is broken is the Christ that restores.  
As we take, now receive him, we find love evermore.  
As the bread becomes Body, we are filled with the grace  
of the power and the Spirit that is here in this place. **Refrain**

### ***Offertory Prayers***

Blessed are you, Lord God of all creation, for through your goodness we have received the bread  
we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.  
**Blessed be God forever.**

Blessed are you, Lord God of all creation, for through your goodness we have received the wine  
we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.  
**Blessed be God forever.**

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty  
Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for  
our good, and the good of all his holy Church.**

As we celebrate your mysteries, O Lord, with the observance that is your due, we humbly ask  
you, that what we offer to the honor of your majesty may profit us for salvation. Through Christ  
our Lord. **Amen**

***The Eucharistic Prayer*** (if you are watching the video or listening to the audio, please follow  
along and participate with Fr. Jack; and continue with the Communion Reflection Song below. If  
you are using this at home with your family, continue with the Spiritual Eucharist below)

***Service Music: Missa Pacem (H/O)***

**Spiritual Communion**

*Invite the Family to **stand** for the Our Father. Although without a Priest, we cannot offer the Mystery of Jesus' Sacrifice on the Cross, we can join with the Church throughout the world in offering a Spiritual Communion until such time as we can again participate in the great Sacrifice of the Mass.*

### **Our Father**

*Leader:* At the Savior's command and formed by divine teaching, we dare to say:

*Family:* Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil.

*Leader:* Deliver us Lord we pray from every evil, and grant us peace in our days that by the help of your mercy we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

*Family:* For the kingdom, the power and the glory are yours, now and forever.

*Leader:* Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you; look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign forever and ever.

*Family:* Amen.

*Leader:* May the peace of the Lord be with us always.

*Invite the family to **kneel** if practical. The following formula of prayers can be prayed together as a family, inviting Jesus spiritually into our hearts.*

*Leader:* Together with the whole Church throughout the world, let us profess an Act of Faith in Jesus' real presence in the Eucharist.

*All:* O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit.

I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived.

In this faith I intend to live and die.

Amen.

*Leader:* Through His sacrifice on the cross, Jesus made the ultimate act of love by offering himself as expiation for our sins. Let us now make our own act of love as we pray:

*All:* O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.

*Leader:* With a humble and contrite heart, we ask the Lord to come to us just as He would if we were able to receive the sacrament.

*All:* My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you in my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

***Communion Song: Taste and See (BB 343)***

**Refrain**

Taste and see the goodness of the Lord.  
O taste and see the goodness of the Lord.

I will bless the Lord at all times, God's praise ever in my mouth  
Let my soul glory in the Lord **Refrain**

Let the lowly hear and be glad, let us glorify God's name.  
Together let us praise God's name. **Refrain**

Glorify the Lord with me, together let us praise God's name;  
from my fears God set me free. **Refrain**

Look to the Lord and shine in the light, let your faces not be ashamed.  
The Lord hears the cry of the poor. Blessed be the Lord. **Refrain**

***Communion Meditation Song Let There Be Peace on Earth (BB 535)***

Let there be peace on earth and let it begin with me.  
Let there be peace on earth, the peace that was meant to be.  
With God our Creator, we are family.  
Let us walk with each other in perfect harmony.

Let peace begin with me, let this be the moment now.  
With every step I take, let this be my solemn vow:  
To take each moment and live each moment with peace eternally.  
Let there be peace on earth and let it begin with me.

**Prayer after Communion:**

Let us pray:

Grant, we pray, almighty God, that we may experience the effects of salvation which is pledged to us by these mysteries. Through Christ our Lord. **Amen**

## **Concluding Rite**

### ***Final Blessing***

And may the blessing of almighty God, the Creator, and the Redeemer, and the Holy Spirit come down on you and remain with you forever.

**Amen**

Go in peace. **Thanks be to God.**

### ***Song of Sending: They'll Know We are Christians (BB 585)***

We are one in the Spirit, we are one in the Lord.  
We are one in the Spirit, we are one in the Lord.  
And we pray that all unity may one day be restored.

#### **Refrain**

And they'll know we are Christians by our love, by our love.  
Yes they'll know we are Christians by our love.

We will walk with each other, we will walk hand in hand.  
We will walk with each other, we will walk hand in hand.  
And together we'll spread the news that God is in our land. **Refrain**

We will work with each other, we will work side by side.  
We will work with each other, we will work side by side.  
And we'll guard each one's dignity and save each one's pride. **Refrain**