

Exaltation of the Holy Cross
September 14, 2025

Gathering: Sing to the Mountains (Dufford SJ) ... BB555

REFRAIN: Sing to the mountains, sing to the sea.
Raise your voices, lift your hearts.
This is the day the Lord has made.
Let all the earth rejoice.

1 I will give thanks to you, my Lord.
You have answered my plea.
You have saved my soul from death.
You are my strength and my song. [Refrain]

2 Holy, holy, holy Lord,
heaven and earth are full of your glory. [Refrain]

3 This is the day that the Lord has made.
Let us be glad and rejoice.
He has turned all death to life.
Sing of the glory of God. [Refrain]

Gloria Mass of Renewal (Stephan)

The Liturgy of the Word

First Reading Numbers 21:4b-9

A Reading from the Book of Numbers

With their patience worn out by the journey, the people complained against God and Moses,
“Why have you brought us up from Egypt to die in this desert, where there is no food or water?
We are disgusted with this wretched food!”

In punishment the Lord sent among the people venomous serpents, which bit the people so that many of them died.

Then the people came to Moses and said, “We have sinned in complaining against the Lord and you. Pray the Lord to take the serpents from us.”

So Moses prayed for the people, and the Lord said to Moses, “Make a fiery serpent and mount it on a pole, and if any who have been bitten look at it, they will live.”

Moses accordingly made a bronze serpent and mounted it on a pole, and whenever anyone who had been bitten by a serpent looked at the bronze serpent, that person lived.

The Word of our God,

Thanks be to God

Responsorial Psalm: Our Blessing Cup (Soper) ... BB786

Psalm 116:9, 12–13, 15–16bc, 17–18

Our blessing cup is a communion with the blood; the blood of Christ.

Vs. 1) How can I make a return for the goodness God has done for me?

The cup of salvation I will take and call God's name.

Vs. 2) Precious in the eyes of the Lord is the dying of his faithful one.

I am the servant of the Lord who set me free.

Vs. 3) Sacrifice and thanks I will give in the presence of God's chosen ones.

My vow to the Lord I shall fulfill and call God's name.

Second Reading Philippians 2:6-11

A letter from St. Paul to the Philippians

Christ Jesus,
though he was in the form of God,
did not count equality with God a thing to be grasped,
but emptied himself,
taking the form of a servant,
being born in human likeness.

And being found in human form
he humbled himself and became obedient unto death,
even death on a cross.

Therefore God has highly exalted him
and bestowed on him the name which is above every name,
that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth,
and every tongue confess
that Jesus Christ is Lord,
to the glory of God.

The Word of our God.

Thanks be to God

Gospel Acclamation

Alleluia, alleluia, alleluia!
Alleluia, alleluia, alleluia!

Gospel John 3:13-17

A reading from the Gospel according to John

Jesus said to Nicodemus:
"No one has ascended into heaven
but the One who descended from heaven,
the Anointed One.

As Moses lifted up the serpent in the wilderness,
so must the Anointed of God be lifted up,
that whoever believes may have eternal life."

"For God so loved the world that God sent One,
Chosen and Beloved,
that whoever believes in that One should not perish
but have eternal life.

For God sent this Holy One into the world,
not to condemn the world,
but that the world might be saved."

The Good News of Salvation.
Praise to you, Lord Jesus Christ

Homily

Universal Intercessions

Response: God of hope, hear our prayer.

For all who are being persecuted, that the cross of Christ will bring them strength and that they may have courage to witness to the Gospel. Let us pray...

For the ability to accept our vulnerability: that like Christ who emptied himself, we may accept our limits, be emptied of pride and the need to control, and allow God to work through us even when we feel weak. Let us pray...

For all who are suffering: that the power of the cross will bring courage and hope to all who are working through difficult times in their lives. Let us pray to our God...

For all who carry the cross each day, for parents of troubled children, for those struggling with addiction, for immigrants, and for those who have been abused: that Christ who has been lifted up will show them the way through the pain toward a life of wholeness and hope. Let us pray...

For what other intentions do we want to pray...

The Liturgy of the Eucharist

Preparation Song: Glory in the Cross (Soper)

(Refrain)

Glory, we glory in the cross of Christ!

Glory, we glory in the cross of Christ!

(V1) Our freedom, our triumph, in the cross of Christ!

Our longing, our justice, in the cross of Christ!

(V2) Our promise, our future, in the cross of Christ!

Our dying, our rising, in the cross of Christ!

(V3) Our calling, our mission, in the cross of Christ!

Our power, our folly, in the cross of Christ!

(V4) Our journey, our healing, in the cross of Christ!

Our downfall, our glory, in the cross of Christ!

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Preparation of Gifts

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.
Blessed be God forever.

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.
Blessed be God forever.

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

O God, who give us the gift of true prayer and of peace, graciously grant that, through this offering, we may do fitting homage to your divine majesty and, by partaking of the sacred mystery, we may be faithfully united in mind and heart. Through Christ our Lord. **Amen**

The Eucharistic Prayer (if you are watching the video or listening to the audio, please follow along and participate with Fr. Jack; and continue with the Communion Songs below.)

Holy: Mass of Renewal (Stephan) ... BB861

Mem: Mass of Renewal - When We Eat This Bread (Stephan) ... BB863

Amen: Mass of Renewal (Stephan) ... BB865

Lamb of God: Mass of Renewal (Stephan) ... BB866

Communion Song: I Will Choose Christ (Booth) ... BB495

(Refrain)

I will choose Christ

I will choose love

I choose to serve

I give my heart

I give my life

I give my all to you

(V1) How many times must He call my name

And show to me that He is God?

And as a servant he calls to me

You must serve too

(V2) Christ, my teacher and healer

Teach my heart and heal my soul.

And as I walk this road with you

Teach me to love

(V3) And as I look upon your cross

So too must I die with you,

And with the death of my own desires,

I'll rise with you.

Prayer after Communion:

Let us pray: Grant that our faithful, O Lord, whom you nourish and endow with life through the food of your Word and heavenly Sacrament, may so benefit from your beloved Son's great gifts that we may merit an eternal share in his life. Who lives and reigns for ever and ever. **Amen**

Go in peace,

Thanks be to God.

Song of Sending: Though the Mountains May Fall (Schutte) ... BB575

Though the Mountains May Fall - Schutte

[Chorus]

Though the mountains may fall and the hills turn to dust

Yet the love of the Lord will stand

As a shelter for all who will call on His name

Sing the praise and the glory of God

[Verse 1]

Could the Lord ever leave you?

Could the Lord forget his love?

Though a mother forsake her child, He will not abandon you

[Verse 2]

Should you turn and forsake Him

He will gently call your name

Should you wander away from Him

He will always take you back

[Verse 3]

As He swore to your fathers

When the flood destroyed the land

He will never forsake you

He will swear to you again